



Welcome White Oaks Eagles!

We are excited to begin this school year and are looking forward to making positive connections with the White Oaks students, families, and community members. This year, students will participate in a combined Health and Physical Education (HPE) lesson once per week in the virtual synchronous environment. As we progress through the year, this may change as students get opportunities to enter the building.

To best prepare for an HPE class, students should ensure they are logging on and engaging in their synchronous class, wearing clothes that allow for movement, have access to water, and creating a safe space for movement within their new learning environment. A safe space consists of an open area that is free of objects and other people.

Students (and their parents) can access their HPE class schedule from fcps.blackboard.com. In Blackboard you can also find a monthly Family Choice Activity Board supporting the HPE curriculum. Remember, one of the best ways to stay healthy and positively connected as a family is going for a walk and being supportive while talking about your experiences each day.

Developing 'Portrait of a Graduate' Skills in HPE



I listen and ask questions so I can understand.



I speak so others can understand me.



I respectfully listen to the ideas of others, and their point of view.



I share my ideas.



I understand my rights, privileges, and responsibilities as a member of my community.



I am aware of the feelings of others and am respectful of their point of view.



I help others when they need help.



I stay on task during work time.

STAY CONNECTED

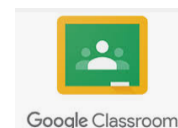
Students & Parents: <https://fcps.blackboard.com/>

- Class Schedules
- Course Standards
- Family Choice Activities
- Grading

24-7 LEARNING Blackboard

Students: classroom.google.com

- Assignments
- Class Recordings



Meet your HPE Teachers



Mr. Hartzell

E-mail: dhartzell@fcps.edu

Favorite Physical Activities:

Biking, Soccer & Disc Golf



Mrs. Orr

E-mail: RLOrr@fcps.edu

Favorite Physical Activities:

Obstacle Course Races, Hiking & White Water Rafting